

## CONFIDENTIAL RESOURCES

### FAQs & HELPFUL TIPS

- Ask for help. Meet with the Title IX & Sexual Harassment Policy Compliance Office regarding what the University can do to support you in continuing your education during pregnancy.
- Keep notes on your pregnancy-related absences, any instances of harassment, and your interactions with school officials about your pregnancy.
- Immediately report problems to UCSB's Title IX & Sexual Harassment Policy Compliance Office.
- If you feel UCSB is discriminating against you because you are pregnant, you may file a complaint:
  - Using UCSB's internal Title IX grievance procedures.
  - With the US Department of Education, Office for Civil Rights (OCR), even if you have not filed a complaint with your school. If you file with OCR, make sure you do so within 180 days of when the discrimination took place.
  - In court, even if you have not filed a complaint with your school or with OCR.
- Contact OCR if you have any questions. OCR is available to help make sure all students, including pregnant and parenting students, have equal educational opportunities!

### Campus Advocacy Resources & Education (CARE)

<http://wgse.sa.ucsb.edu/care/home>

(805) 893-4613 (24 hour advocacy)

(805) 893-3778 (general inquiries)

### Office of the Ombuds

<https://ombuds.ucsb.edu/>

(805) 893-3285

### Counseling & Psychological Services (CAPS)

<http://caps.sa.ucsb.edu/>

(805) 893-4411 (24 hour)

### Academic & Staff Assistance Program (ASAP)

[http://www.hr.ucsb.edu/employee-services/counseling-consultation/academic-staff-](http://www.hr.ucsb.edu/employee-services/counseling-consultation/academic-staff-assistance-program)

[assistance-program](http://www.hr.ucsb.edu/employee-services/counseling-consultation/academic-staff-assistance-program)

(805) 893-3318

## REPORTING RESOURCES

### Accommodation Assistance (TIX/SHPC)

<https://oeosh.ucsb.edu/titleix/>

805-893-2701

If you want to learn more about your rights, or if you believe that UCSB is violating Federal law, you may contact the U.S. Department of Education, Office for Civil Rights (OCR).

### U.S. Department of Education, Office for Civil Rights (OCR)

<http://www.ed.gov/ocr/complaintintro.html>  
[ocr@ed.gov](mailto:ocr@ed.gov)

(800) 421-3481

# Rights & Accommodations for Pregnant Students

Title IX Protects You from Discrimination at UCSB



## TITLE IX & SEXUAL HARASSMENT POLICY COMPLIANCE OFFICE

3211 Phelps Hall

(805) 893-2701

<https://oeosh.ucsb.edu/titleix/>

## Classes & School Activities

- You can continue participating in classes and extra-curricular activities even though you are pregnant.
  - You can still participate in advanced placement and honors classes, school clubs, sports, honor societies, student leadership opportunities, and all other programming offered by UCSB.
- You do need to submit a doctor's note per UCSB policy concerning all medical or emotional conditions resulting in disability, even when temporary.
  - UCSB requires a doctor's note from you after you have been hospitalized for childbirth as it does for students who have been hospitalized for other conditions.

## Excused Absences & Medical Leave

- UCSB should excuse absences due to pregnancy or childbirth for as long as your doctor says they are necessary.
- You are entitled to return to the same academic and extracurricular status as before your medical leave began, taking advantage of opportunities to make up any work missed while you were out.
- Your instructors may not refuse to allow you to submit work after a deadline you missed because of pregnancy or childbirth. Also, you must be allowed to make up any participation or attendance credits missed due to pregnancy or childbirth.
- Pregnant students are provided the same special services provided to students with temporary medical conditions.

## Harassment/Non-Discrimination Policies & Procedures

- UCSB will protect you from harassment and discrimination based on pregnancy or related conditions.
- UCSB has published grievance procedures for students to file complaints of sex discrimination, including discrimination related to pregnancy. To review these procedures, please visit:  
<https://oeosh.ucsb.edu/titleix>
- The University has a Title IX Coordinator whose responsibility it is to oversee complaints of discrimination against pregnant students. UCSB's Title IX Coordinator is:

**Ariana Alvarez**

**Director & Title IX Coordinator**

**Title IX & Sexual Harassment Policy Compliance Office**

**ariana.alvarez@ucsb.edu**

**(805) 893-2546**

## Accommodations for Pregnant Students

You are entitled to reasonable accommodations. These may include, but are not limited to:

- Elevator access
- Electronic texts (E-texts)
- Application for Family Housing
- Allowing you to make frequent restroom trips when necessary because of your pregnancy
- A note-taker
- Application for Bridge Over Troubled Waters Emergency Fund, a source of small emergency grants to single parents administered by the Women's Center
- Campus overnight lockers
- Allowing alternative testing times and locations
- Priority Undergrad Registration

## Additional Campus Resources for Parenting Students

\* Student lactation accommodation: <http://wgse.sa.ucsb.edu/nontrad/lactation-rooms-for-nursing-parents>

\* Student childcare assistance: <http://wgse.sa.ucsb.edu/nontrad/childcare>

